

AATB Emerging Leaders Program Sheraton Suites Old Town Alexandria November 18 – 20, 2024

Monday, November 18

3:00 p.m. - 4:00 p.m.

Getting Grounded

Learning Objectives – As a result of this session participants will: Introduce staff, facilitators, and discuss the Emerging Leaders Program (ELP) concepts Interact with others to intentionally build the Learning Community Identify core leadership issues they intend to address during ELP

(Coaches Breakout Sessions: 4:00 p.m. – 4:30 p.m.)

4:45 p.m. - 5:45 p.m.

Maximizing My Strengths & Understanding Others

Learning Objectives – As a result of this session participants will:
Build deeper connection with a small group of ELP participants
Gain a fuller understanding of their leadership profile, strengths, and development areas
Begin the practice of reading others in order to maximize others' contributions

6:00 p.m. – 7:00 p.m. Networking Reception

Tuesday, November 19 8:00 a.m. – 9:00 a.m.

Breakfast

9:00 a.m. – 10:00 a.m. Influencing Change

Learning Objectives – As a result of this session participants will:

Learn nine human relations principles that impact your influence

Understand the human relations pyramid

Appreciate their own preferences for handling change

Understand personal role in change and how to influence change as it unfolds

(Coaches Breakout Sessions: 10:00 a.m. - 10:30 a.m.)

10:30 a.m. – 11:00 a.m. Networking Break

11:00 a.m. – 12:00 p.m.

Imagine That! Building Your Creative Thinking Skills

Learning Objectives – As a result of this session participants will:

Appreciate the distinction between creative, critical, and constructive thinking

Understand the value and importance of creative thinking in every aspect of leadership

Practice and enhance their creative thinking skills

12:00 p.m. – 1:00 p.m. Lunch

1:00 p.m. - 2:00 p.m.

Seeing and Being: Leadership Lenses

Learning Objectives – As a result of this session, participants will:

Explore their past experiences which influence their mental models of leadership

Reflect on various social identities that may impact leaders or their constituents

Utilize the theory of mattering and marginality to strengthen relationships and develop an inclusive environment

(Coaches Breakout Sessions: 2:00 p.m. - 2:30 p.m.)

2:30 p.m. – 2:45 p.m. Break

2:45 p.m. - 3:45 p.m.

Managing and Resolving Conflict

Learning Objectives – As a result of this session participants will:
Gain an overview of differing conflict resolution styles
Examine causes of conflict
Explore workplace scenarios for resolution
Build confidence and skills in working through conflict

(Coaches Breakout Sessions 3:45–4:15)

4:15 p.m. – 5:00 p.m.

Leadership Panel: Ask Me!

Learning Objectives – As a result of this session participants will: Ask questions of current board members and senior AATB staff Learn about the direction of the Association Discover ways to engage, connect and serve in AATB

5:00 pm

Evening on Your Own

Wednesday, November 20

8:00 a.m. – 9:00 a.m. Breakfast

9:00 a.m. – 10:30 a.m. Managing Stress & Self-Care

Learning Objectives – As a result of this session participants will:

Experience 'desk yoga' and other ways to invigorate your mind

Understand how balance is a critical part of leadership

Discuss societal/environmental factors strongly influencing one's levels of stress

Continue to explore the concept of mental models and identifying behaviors associated with a new model

10:30 a.m. - 11:30 a.m. Now What? Charting My Path

Learning Objectives – As a result of this session participants will:

Learn about ideas, resources, and insights that may advance a professional agenda

Chart personal leadership path forward

Identify immediate next steps, including sources of encouragement

11:30 a.m. – 12:00 p.m. Final Remarks & Departures